



ORTHOTICS SIZING CHART (UK)

	Men	Women
Kids Sml	Youth 12-13	Youth 12-13
Kids Lrg	1-2½	1½-3
XSml	3-4½	3½-5
Sml	5-6½	5½-7
Med	7-8½	7½-9
Lrg	9-10½	9½-11
XLrg	11-12½	-
XXLrg	13-14½	-

Orthaheel provides natural, lasting relief and comfort from many aches and pains

- **Built-in 4° Vasyli Rearfoot Wedge™** - helps to neutralise the negative effects of hard, flat, unnatural surfaces by controlling excess motion (pronation) and realigning the foot and ankle to its natural position.
- **Deep Stabilising Heel Cup** - keeps the foot's natural padding directly under the heel to absorb shock and support your weight as nature intended.
- **Built-in Metatarsal Raise** - aligning the 2nd, 3rd and 4th metatarsals to help even weight distribution and support of the forefoot, providing relief from painful corns, bunions and ball of foot pain.
- **Poron® Shock Dot** in centre of heel - provides an additional layer of comfort and shock absorption to the heel, a high impact area and relief from localised pain and inflammation.
- **Made of flexible, long-lasting, shock-absorbing E.V.A.** - firm support, yet enough flex to allow short 'break in' time. The same material is used for the midsole of good quality athletic footwear.